



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast Entree Rotating Variety of Cereals Apple	Breakfast Entree Pan Dulce Orange	Breakfast Entree Rotating Variety of Waffles Apple	Breakfast Entree Rotating Variety of Breakfast Breads Pear	Breakfast Entree Rotating Variety of Muffins or Berry and Cream Cheese Twist (every other week) Apple
06	07	01 Mandarin Orange Popcorn Chicken Mandarin Orange Chickpeas  Cucumber Slices Carrots  Pear	02 Pepperoni Pan Pizza Cheese Pan Pizza Garden Salad Cucumber Slices Banana	03 Turkey Deluxe Sandwich Vegetarian Choice Garbanzo Bean Salad Carrots Oranges
Hot Dog Vegetarian Mac & Cheese Cucumber Slices Carrots	Chicken, Bean & Cheese Burrito Bean & Cheese Burrito  Corn Salad Cucumber Slices	Chicken and Cheese Tamale Bean & Cheese Tamale Cucumber Slices Carrots	Pepperoni Pan Pizza Cheese Pan Pizza Garden Salad Cucumber Slices	Chicken Caesar Wrap Vegetarian Choice Garbanzo Bean Salad Carrots
Apple  13  BBQ Chicken Patty Sandwich  Vegetarian Mac & Cheese  Cucumber Slices  Carrots	Fresh Pineapple  14     Achiote Chicken Burrito     Achiote Black Beans Burrito  Corn Salad Cucumber Slices	Pear  15 Chicken Caesar Pasta Salad Vegetarian Choice Cucumber Slices Carrots	Banana  16 Turkey Deluxe Sandwich Vegetarian Choice  Garden Salad Cucumber Slices	Oranges  17  Southwest Pasta Bowl Vegetarian Choice  Garbanzo Bean Salad Carrots
Apple  20 Hot Dog Vegetarian Mac & Cheese  Cucumber Slices Carrots  Apple	Fresh Pineapple  21 Chicken, Bean & Cheese Burrito Bean & Cheese Burrito  Corn Salad Cucumber Slices  Pineapple Chunks	Pear  22     Turkey Deluxe Sandwich     Vegetarian Choice     Cucumber Slices     Carrots Pear	END OF YEAR TAILGATE	Oranges 24
What's A Meal? Choose 3-3 frems One Must Be A Fruit Or Vegetable  Grains Protein Datry  Fruits Vegetables	28	Remember at 1 fruit/veggie	31	

First Choice = Regular Second Choice = Vegetarian

\* Vegetarian option has to be ordered 2 weeks in advance \*

BREAKFAST AND LUNCH ARE FREE FOR ALL STUDENTS Allegiance STEAM Academy Food Services, Chino Campus (909) 465-5405 Margarita Cosio, Meal Manager Email: food.service@asathrive.org

<sup>\*</sup> Every meal comes with a Lowfat Milk, Nonfat Milk or Nonfat Chocolate Milk